



Mondays, 17th Oct; 21st Nov; 12th Dec 2022 Community Parent/Carer Support Group, Slough

A support group for family members who have children/young people with additional needs living within Slough.

A safe and supportive space for sharing experiences and gaining support with the unique challenges faced by families of children with additional needs.

Each session will include an hours topic around being a parent of a child with additional needs. The remainder of the session will be for discussion of the topic and social support time.

Nov-Reducing Anxiety for parents/carers and what works?

DATE & TIME

Monthly- See above dates
9.30-11.30am

VENUE

Arbour Vale School
Farnham Rd
Slough
SL2 3AE

COST

FREE
(Refreshments provided)

BOOKING & INFORMATION

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**Children welcome under parent supervision
Supported by Berkshire Community Foundation
&
Heathrow Community Trust**



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